



## Norwalk Jr. High District Tournament February 4, 2024

This is an OAC Junior High State Qualifying Tournament

Top 6 in each weight class qualify for State

**Location:** Norwalk High School, 350 Shady Lane, Norwalk, Ohio 44857

**All registration conducted online at [register.ohioathletics.com](https://register.ohioathletics.com). No walk-in Registrations.**

**Registration Closes** at 9:00 pm on Friday February 2 or when capacity is met.

### Notes

Once qualifying to State, you may not enter another District. The District will be Scratch i.e., 120lb. The State Tournament will be +2 lbs. i.e., 122lbs. There are no weigh-outs at the District. There will be weigh-outs at the State Tournament on Sunday.

### Weigh-In Date & Times

Saturday, February 3 - 7:00 PM-8:00 PM Norwalk Middle School, 64 Christie Ave, Norwalk, OH 44857

Sunday, February 4 – 7:15 AM -8:00 AM High School Library  
2<sup>nd</sup> Session Weigh In: 11:15am-11:45am

### Wrestling Start Time

Weights 74-120: 9:00 AM

Weights 126-249: 2<sup>nd</sup> Session Start time Approx 1:15pm.

### Rules

District Weigh ins are scratch weight (no allowance). All wrestlers must weigh-in wearing a singlet or short sleeve compression shirt & competition performance shorts. They may NOT remove any of the above-mentioned clothing.

Wrestlers must wear head gear to compete.

**Entry Fee:** \$45 (\$10 Late Fee if registering less than 1 week prior to the tournament)

**Admission:** \$8 (ages 5 and under Free)

**Coaching Bands:** \$10 All Coaches must have a wrist band and must be purchased at the tournament. Only 2 coaches per wrestler at the mat.

### Match Rules

(3) 1.5-minute periods Championship rounds / (3) 1-minute periods Consolation rounds

12-point Tech Fall **All wrestlers are required to upload a headshot picture ID to their account, print it and bring with them (or show from phone) to the weigh in process for this and all OAC District and State events.**

The tournament will be on [trackwrestling.com](https://trackwrestling.com). To find bout board and brackets search “Norwalk”

Questions Contact: [info@ohioathletics.com](mailto:info@ohioathletics.com)